



THE TELESCOPE

First United Methodist Church of Delmar

www.delmarmethodist.org

Lenten prayer series begins Feb. 24; will be held each Wednesday through March

Come for fellowship; come for soup! Come to widen and deepen your prayer experience. We will be meeting Wednesday evenings for a light supper of soup and bread in the Lounge followed by a time of prayer in the Hummel Chapel. The program will begin on Wednesday, Feb. 24 and continue on March 3, 10, 17, 24, and 31 – always from 6 to 8 pm.

Each week we will explore a different way of praying: 1) praying with scripture: Lectio Divina; 2) Ignatian Prayer; 3) Prayer dance/movement; 4) Breath prayer and prayer beads ; 5) Labyrinth; 6) Fasting.

I will provide a pot of soup, some bread, and beverage. Participants will also bring soups as needed (we will coordinate that). Please contact me at seniorpastor@delmarmethodist.org, or 439-9976 ext. 223, if you have any questions, are interested, or plan on attending.

– Rev. Janice Palm

Methodists work to provide relief for the people of Haiti

The United Methodist Church's General Board of Global Mission is organizing the church's relief efforts for Haiti. **You can help:**

Financial gifts to support Haiti relief efforts by UMCOR (the United Methodist Committee on Relief) can be sent via First United Methodist Church of Delmar. Please designate "Haiti Emergency, UMCOR Advance #418325," on the check or envelope.

Donations may be brought directly to Church Office or given with the Sunday offering. You give with the security of knowing that 100 percent of your donation will go to support relief and development efforts addressing the disaster in Haiti. **Please give generously, the need is tremendous.**

Mary Marthas

Mary Marthas will meet in the Lounge at 1 pm on Thurs., Feb. 11. We will each bring three dozen cookies to pack for members of our congregation unable to join us in worship due to health concerns. For information contact at Barb Logan at 439-4782, or Shirley Milbert at 475-1298.

Mission needs and notes

Meals for Overflow

Shelter: Plenty of casseroles have been prepared and are now in our church freezers to be thawed as needed for the shelter. Still needed, though, are desserts and beverages. Please sign up to donate either or both. Home-cooked desserts are preferred (to boost morale), but pre-packaged items will gladly be accepted. We have plenty of storage space in the church kitchen if you would like to bake/buy in advance.

Sheets needed: Currently, fitted bottom sheets (all sizes except king) are in short supply for mission use and donations would be welcomed. By the way, we have only two volunteers to sort and fold – so when the bed size is indicated on donated items, the task is much easier.

Do you have items to "re-gift?" If so, Support Ministries can use them as birthday gifts and as incentive prizes for their residents. Almost any new item can be used. A collection bin for such items is located at the top of the stairs in the Sunday School wing. For more information, contact Laurie Munro at 937-1915.

Thank-yous: FUMC contributed \$2,000 from our mission budget to Albany's FOCUS churches for their highly successful Computers for Kids program this summer; Rev. Debra Jameson of FOCUS wrote in thanks that our support "helps make this project a mission of mercy and justice." We also contributed \$1,000 to the Capital Area Council of Churches; Rev. John Miller replied, "Thank you for being one of our faithful partners!"

Finally, a special thank you to the wonderful people who have chosen to practice their faith by providing meals for the residents of the **Interfaith Shelter**. Our church community provides dinner for the shelter residents every 1st and 5th Sunday of the month. If you would like to provide part or all of a meal, sign up on the poster in Fellowship Hall or call Maureen Roeth at 439-8498. We don't yet have a volunteer for March 7; if that can work for you, please let us know soon.

WORSHIP SERVICE

Sundays at 9:30 am

February 7

Sermon by

Rev. Janice Palm:

"Crowded Waters"

Text:

[Luke 5: 1-11](#)

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'A Christian community, growing together in faith and in service to God'

Church Calendar

Thursday, Feb. 4	10 am – Worship Team (207) 6:30 pm – Bell Choir (201) 7:30 pm – Chancel Choir (Choir Room)
Saturday, Feb. 6	7 am – Methodist Men's Ministry breakfast (Fellowship Hall) RPMs Midnight Run (thru 2/7)
Sunday, Feb. 7	8:30 am – Bible Study (Library) 9:30 am – Worship (Sanctuary) 10:45 am – Fellowship Hour 11 am - Theological & Social Issues (Lounge) 11 am – Intermediate Choir (Choir Room) 11 am – Junior Choir (219) 11 am – Youth Singers (217)
Mon., Feb. 8	10:30 am – Playgroup (Nursery)
Tuesday, Feb. 9	8 am – Men's Breakfast (4 Corners Rest.) 10 am – Treasure Cove (Lounge) 7 pm – Upper Room (Library) 7 pm – Trustees (207)
Wednesday, Feb. 10	10:30 am – Bible Study (Delmar Place) 10:30 am – Playgroup (Nursery) 12:30 pm – Discovery Club (217/FH)
Thursday, Feb. 11	6:30 pm – Bell Choir (201) 7 pm – Fall Fair Ministry (207) 7:30 pm – Chancel Choir (Choir Room)
Church Office hours: Monday-Friday, 9 am – 3 pm	

RPMs missions need our help

The RPMs, the ecumenical youth group, are preparing for our Feb. 13 "Midnight Run" to hand out clothing, food and toiletries to the homeless of New York City – and for the spring mission trip, beginning April 3, to Dungannon, in the Appalachian mountains of Virginia, where we will be doing light construction projects on homes.

We need lots of **warm winter items** (hats, gloves, sweaters, sweatshirts and boots) for the "Midnight Run"; look for our donation boxes outside the Nursery. For the **mission trip**, we pay one-third out of pocket and raise another third – but the final third comes from the congregations. Please make a check payable to "RPM Seniors" and mail it to Delmar Reformed Church, 386 Delaware Ave., Delmar 12054. (When the group returns we'll host a complimentary dinner for contributors, and share our experiences.)

A six-week Lenten study

Take time during Lent to learn about spiritual disciplines for ordinary people. John Ortberg's book, *The Life You've Always Wanted*, presents subjects like celebration, prayer, confession and servanthood with understanding and his own unique sense of humor. We will be using a workbook, watching Ortberg on a DVD, discussing the ideas, laughing and praying together. The class will run on Sundays, Feb. 21 through March 28, 11am – 12:15 pm. Please register as soon as you decide to come so the proper number of books may be ordered. Call Connie Tilroe at 439-7571.

Sunday greeters needed

Here's an important ministry that involves a minimal time commitment – all you need to do is be here a few minutes before the Sunday service to smile and say "good morning" to people as they arrive. If you are willing to serve a few times (or even only one Sunday a year!) please e-mail stainmail@yahoo.com or call 451-9065 with your contact information (e-mail address and/or phone) and dates you are NOT available. Thank you!

Sunday morning altar flowers

Honor the special people in your life with a beautiful flower arrangement. Cindy Lamitie is putting together the 2010 calendar. Call 439-2356, or e-mail lamitiefamily@verizon.net to sign up for your special date.

Our Church Family

In our thoughts and prayers: Joshua Normand (The Karl Parker family), The Seme Boggard Family, Pierre Achille, Rev. David and Delia Claydon, Marco Bonato (Jane Lang, David Rathjens), Julia Krieger (Bob Krieger), Col. Joseph Germani (Pam and Ray O'Brien), Harold Roeth (Maureen and Jacque Roeth), Nellie Evans, Syl Kedzierski (Shirley Post), Norman Matos (Sandra Ryther), Woody and Carole Carver, Jim Holland (Nan Rabinow), Jay Gallagher (David Shaffer), Anthony Gisoti (Michael Raymond), Kathleen Gingerskyl (Debbie Way), Ray Scheesley (Ten Eyck Family), Gil & Elsie Faustel (Karen Tedesco), Jim King (Julie Bushart), Dorothy Gisotti (Joe Gisotti), Tiffani Hughes (Byron & Barbara Wilson), Sam Kunis (Dana Burns), Mary Storm, Sharon O'Connor (Lynda Conway), Geneva Long, Jean Drew, Chris Sheridan (Dick & Jeanne Herrmann), Bernice Drozd (Karen Ward), Edwin Busch (Joan House). **We pray also for all who have been impacted by the earthquake in Haiti.**